



# The Sand Bar

Back Deck of Main Inn  
11 a.m. - Sunset\*

sandwiches come with a bag of 'dirty chips' and a pickle

## **classic caesar 8**

crisp romaine lettuce, preserved lemon, crouton, white anchovy

**add grilled chicken 4    add grilled shrimp 6**

## **summer salad 10**

locally grown field lettuces, grilled watermelon, marcona almonds,  
goat cheese, berry balsamic

## **golden beet salad 10**

arugula, endive, golden beets, jasper hills blue cheese, candied pecans,  
champagne vinaigrette

## **heirloom tomato caprese sandwich 12**

locally farmed heirloom tomatoes, fresh mozzarella, sweet basil, arugula,  
balsamic reduction, roasted ciabatta bread

## **east carolina pulled pork sandwich 12**

pulled pork, house coleslaw, soft roll

## **u.s.d.a. "prime" beef burger 12**

half pound burger, american, swiss, provolone, cheddar or blue cheese  
served with lettuce and tomato

## **mahi mahi fish tacos 13**

corn dusted, shredded cabbage, cocktail and tarter  
served with tortilla chips and charred salsa

## **coastal crab cake sandwich 14**

pan seared north carolina crab cake, remoulade

## **sanderling lobster roll 22**

chilled lobster, celery and a hint of mayo, toasted brioche roll

**\*closing time may vary depending on resort events  
and inclement weather**